

WHAT TO DO AFTER YOUR COVID-19 TEST

Thank you for participating in WVU's COVID-19 testing process as we prepare to bring our University community back to campus. There are some important things you need to know about what you can and can't do after being tested and are waiting for your results.

WHAT SHOULD YOU DO WHILE YOU WAIT FOR YOUR RESULTS?

- ✓ Please **maintain physical separation** from others as much as possible and **avoid large gatherings** to the fullest extent possible until the results of your test are available.
- ✓ **Wear a mask or face covering at all times** unless you are in your residence hall room or personal residence.
- ✓ Practice good personal hygiene – **wash your hands for at least 20 seconds** with soap and water or **use hand sanitizer** and wipe down hard surfaces in your area.
- ✓ **Be patient.** Because you won't have your results right away, **you don't know if you are contagious.** If you did contract COVID-19, you are likely to be contagious two to three days before you become sick and up to 10 days afterward.
- ✓ You can **access your test results electronically** within three to five days. Instructions are on our Return to Campus: Testing website — www.wvu.edu/return-to-campus/what-you-need-to-know/testing#getting-results.

ON CAMPUS

Students can leave their residence hall room but should wear a mask/face covering as mandated and stay physically distant as much as possible.

Students should still be able to eat within the dining halls, but they should wear a mask/face covering and physically distance themselves while traveling to dining halls and when they are not eating.

During this period, various virtual activities will be hosted for students to stay busy, meet people, etc.

Faculty and staff can leave their offices/workspaces but should wear a mask/face covering as mandated and stay physically distant as much as possible.

WHAT HAPPENS IF YOU RECEIVE A POSITIVE TEST RESULT?

- ✓ Students, faculty and staff with a positive test result will be notified by the local health department. Morgantown students, faculty and staff with a positive test result will also be notified by the Student Health Services clinic.
- ✓ Representatives from the local health department will conduct a case investigation for all positive cases and initiate contact tracing.
- ✓ The University will assist with contact tracing and also work with local health departments to determine if there is a need to decontaminate a specific facility or implement any additional mitigation measures.
- ✓ Testing information regarding patients is regulated by the Health Insurance Portability and Accountability Act (HIPAA) guidelines and will be kept confidential.

WHAT IF YOUR TEST RESULTS ARE NEGATIVE?

- ✓ Congratulations! We want you to remain COVID-free.
- ✓ Please continue to **maintain physical distancing** from those who are not in your immediate small circle of friends and avoid large gatherings to the fullest extent possible.
- ✓ **Wear a mask or face covering at all times** unless you are in your residence hall room or personal residence.
- ✓ Practice good personal hygiene – **wash your hands for at least 20 seconds** with soap and water or **use hand sanitizer** and wipe down hard surfaces in your area.
- ✓ If you develop COVID-19 symptoms after testing negative, you should be evaluated by a physician. **You should not come to campus if you are feeling ill.**

I TESTED NEGATIVE, BUT NOW I FEEL SICK. WHAT DO I DO?

Students based in Morgantown should contact WVU Medicine Student Health at 304-285-7200.

Students on WVU system campuses should contact their Student Health Clinic, the local health department or the West Virginia Department of Health and Human Resources hotline at 1-800-887-4304.

Faculty and staff should contact their primary care provider or call WVU Medicine's COVID-19 phone number at 304-598-6000 (Option 4).

REMINDER TO LET US KNOW IF YOU TEST POSITIVE.

All WVU community members are **required to report** if they test positive for COVID-19 or are self-quarantining due to suspected or known exposure to COVID-19. We want to be able to support you and make sure appropriate disinfection and sanitation processes are implemented if necessary.

Students should notify the WVU CARE Team at **CARETeam@mail.wvu.edu** and employees should notify WVU Medical Management at **MedicalManagement@mail.wvu.edu**.

Please visit

www.wvu.edu/return-to-campus/what-you-need-to-know/testing

for more information!